



# Prayer for Today

*with Jennifer Hadley*

## Prayer for Eliminating Future Pain

Hello beautiful this is Jennifer Hadley and our prayer for today is for eliminating future pain oh, let's get to it so we place our hand upon our heart. We're grateful we're thankful to open ourselves to the unlimited unprecedented flow of love, which really does eliminate pain



we're moving out of the habits and patterns and beliefs of shame and blame and guilt and Regret and anything that causes pain we're no longer interested in learning through suffering we're no longer interested in learning through pain we are interested in rising up. We are interested in true freedom a release of the need to bring ourselves paying judgment lame shame, guilt we're surrendering these habits and these patterns that keep us wallowing in the suffering, we are grateful and thankful to let the Holy Spirit do the heavy lifting, let the Holy Spirit find the pathway in our consciousness because all we need to do is be willing so we are willing we are willing to be happy. We are willing to be joyful. We are willing to live a life of love extending love sharing love exploring love resonating with love, revealing love that's what we're interested in so we're not interested in paying more eliminating future pain choosing love now, choosing peace now choosing to extend love now, choosing to have patience with ourselves right now, infinite peace, infinite peace, infinite peace that's what we're interested in him so it is our nature to be peaceful. It is our nature to be loving and harmonious, so grateful to let everything else go we share the benefits with everyone everywhere because we are eternally one we let it be and so it is amen amen. Oh my goodness yes eliminating future pain by



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choosing love now that's our way. Thank you for being my prayer partner. Thank you for praying with me and making the world a better place because of it and what's coming up is Friday I have a free forgiveness workshop and next Saturday is my recovering from betrayal workshop it's my deep dive workshop for the month of April a little late, announcing it but we're opening for registration and yes, recovering from betrayal oh, it's good times spring cleaning we're doing it inside and out more to come more to come. I love you have a powerful day, a full healing day, eliminating future pain



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