



Prayer for Today

with Jennifer Hadley

Prayer for Finding Compassion



Hello Beautiful,

This is Jennifer Hadley, and our prayer for today's for finding compassion.

We're finding compassion in our own heart.

We open our heart wide open, and we place our hand upon our heart.

We are grateful and thankful to train ourselves to be that loving presence, extending compassion to our brothers and sisters while we are lifted right alongside them.

So we open our heart and our mind to compassion, to extending compassion to our brothers and sisters who are suffering, who are challenged, who are experiencing anger and resentment and hurt.

We're extending compassion to them right here, right now.

We are grateful and thankful that compassion is an expression of Love, and Love is our great healer, so anytime we're compassionate, we're going to have a healing.

So grateful to claim our healings and to double it up and share with anyone that comes into our life with a cry for Love.

We have a great willingness to be the compassion, to be the loving understanding, to be the caring, to be the nurturing.

We are grateful and thankful that we can fulfill this.

We can absolutely find compassion in our heart where it's always been. It's always been there.

And so we're grateful to surrender attachment to any idea of somebody being unworthy of our compassion, of our kindness.

We are grateful to open our hearts to the fullness of Love and compassion this very day.



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We let it be.

And so it is.

Amen. Amen. Amen.

Yes, my goodness, yes.

The cries for Love are answered with compassion. The cries for Love are healed with compassion.

Thank you so much for praying this prayer with me today.

So grateful that we get to come together and bless each other, as well as everyone everywhere.

What a blessing.

All right, what is coming up?

My next free Forgiveness Workshop is on Friday, April 17.

And there's always more going on, more to come, so I will be sharing that.

And in the meantime, have a powerful, beautiful, blessed day extending compassion, and truly allowing that compassion to flow.

I love you.



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