



Prayer for Today

with Jennifer Hadley

Prayer for Releasing All Judgments

Hello beautiful, this is Jennifer Hadley, and our prayer for today is for releasing all judgments.

Let's take a breath and be grateful that we don't have to make a list of them. Grateful that we can let them go, that we're intent on letting them go, that we're intent on no longer allowing our judgments to ruin our life.

So we're grateful to place our hand upon our heart and declare our willingness to release our attachment to thinking we're right about everything and anything.

We are grateful to open our heart and mind to have real compassion and to be a good listener, a loving listener. We're listening to our brothers and sisters with a heart filled with love. We are cultivating that compassionate listening.

We're relinquishing the need to judge, judge, judge - complain, complain, complain. We're willing to know the truth, see the truth, and to truly be unbothered.

We are grateful that we can open ourselves and allow all the thoughts to move on through without grabbing onto them and making them big and strong and ugly and frightful and all of that.

We're rolling all that up in a ball and giving it to the Holy Spirit.





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We're allowing ourselves to truly feel the freedom that is our true nature, the freedom that is our inheritance, our birthright, the freedom that is our natural state.

We are grateful and thankful to open ourselves and relinquish the judgments, the complaints, the grievances, the grudges, and to truly live a peaceful and harmonious life, a beneficial life, bringing these benefits to everyone everywhere because we are eternally one.

In gratitude, we let it be, and so it is.

Amen, amen, amen.

Yes, yes, I'm in that kind of a mood today. Forgiveness workshop day. Tomorrow's Mother's Day, so it feels helpful, appropriate. I've been looking forward to it. I hope you'll join me for the forgiveness workshop today. All the details at [Power of Love Ministry](#)

And what else is going on? Next Saturday is my deep dive workshop, and registration is open. Go to [Healing Religious Guilt Workshop](#) because the topic is healing religious guilt. Yes, healing religious guilt.

This is the topic that's been requested, and I love to do topics that people ask for. A lot of us have had so much religious guilt, and I didn't even understand it because it was really from past lives. But wherever you got it from, we're going to let it go.

So that's what's coming up, and I've got some wonderful things planned for later in the month and in June, so you'll be hearing about that soon.

I love you. Have a powerful, beautiful day letting go of all the judgments.



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