



Prayer for Today

with Jennifer Hadley

Prayer for Releasing the Past

Hello beautiful, this is Jennifer Hadley, and our prayer for today is for releasing the past.

Releasing our attachments to what has been, yes. Releasing our attachments to the meaning we made of the past, yes. The disappointments of the past - we are releasing our attachments to our disappointments of the past.

We are grateful, grateful and thankful, to open ourselves to infinite Love, infinite intelligence. The power of Love within us is active. We are grateful. We are thankful to allow ourselves to truly know and remember the fullness of Love as our true identity.

We are grateful to allow ourselves to open to a cascade of dynamic goodness, no longer holding onto the past, no longer gripping the past and holding it in front of us, blocking the flow of Love, blocking our ability to know, to see, to feel what's real.

We are grateful and thankful to release our attachments to all the meaning we made of the past, whatever it is. Anything that is now a block to Love, anything that impinges on our happiness, we are grateful and thankful to release that past right here, right now.

So grateful to allow ourselves to remember that our life is the Life of God, and so we are not stuck in that past. We are not stuck in our childhood or any other point in our life. We are unfettered and free, pure Spirit, innocent, unharmed in Spirit, and we walk free here and now.





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Releasing the past, sharing the benefits with everyone everywhere because we are eternally one with them.

So grateful to remember our eternal nature. In gratitude, we allow it to be, and so it is. Amen, amen, amen.

Oh yes, very good. Ha ha ha ha ha ha.

Thank you for being my prayer partner today. I'm so grateful.

And what's going on? I'm doing a forgiveness workshop tomorrow, Saturday. Mother's Day is Sunday, so I'm doing the workshop the day before to give us all that option to release any resentments from the past, any hurt, and any blame.

And then on Sunday, I have Sundays with Spirit, so I'm inviting you to join me for that.

And I think that's everything right now. We'll be putting the sales page up pretty soon for my Deep Dive for May, a week from tomorrow, and that topic is Healing Religious Guilt - healing religious guilt.

So you'll be able to sign up for that probably in another day.

I love you. Have an amazing day releasing the past.



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