



# Prayer for Today

*with Jennifer Hadley*

## Prayer for Willingness to Be Loving

Hello beautiful, this is Jennifer Hadley, and our prayer for today is for willingness to be loving.

Just that - cultivating a mighty willingness to be loving, to be loving with ourselves, to be loving with everyone else, to simply be loving.



So we place our hand upon our heart, and we declare our willingness to be loving. We declare that we are willing to recognize the opportunities to extend and share love, to be loving.

We are grateful that our days offer us many opportunities to be loving in ways that are deeply meaningful and helpful and joyful, so we're looking for them. We are grateful for them.

We're cultivating that willing heart to really extend and share love in ways that feel so productive and fun and uplifting. We are looking all around ourselves for the opportunities to simply be loving and to make a better day for ourselves and everyone else.

We are grateful that there are so many opportunities in a day to be loving, to go the other way, to be that loving, kind, gentle, compassionate, understanding presence that means so much to so many.

We are grateful that we really can cultivate this loving heart and be in that place of loving, yes, all throughout our days.



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We are grateful because the more we love, the more love we have to give away. How wonderful is that?

So grateful to extend love, receive love, share love, and simply be willing to be that focal point of love all day, every day.

We share the benefits with everyone everywhere because we are eternally one with them.

We let it be, and so it is. Amen, amen, amen.

So good, very good. This opens my heart.

Thank you for praying with me today. Thank you for your willingness.

And what's coming up is Saturday, the day before Mother's Day, I'm doing a free forgiveness workshop. I invite you to come and join me.

Then Sunday, Mother's Day, I'll be speaking at Sundays with Spirit, so come and join me at any of that, and we'll have a lovely weekend together.

I love you. Have a blessed day.

Thank you for your little willingness, your big willingness, your mighty willingness.



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