



Prayer for Today

with Jennifer Hadley

Prayer for Being Trustworthy

Hello beautiful, this is Jennifer Hadley, and our prayer for today is for being trustworthy.

It's a big one. It is.

We may not think so, but it is.

Let's place our hand upon our heart.

We are grateful, grateful and thankful that we have an interest in being trustworthy and keeping our commitments, lovingly and gently releasing ourselves from commitments we can't really keep.

We are grateful and thankful to allow ourselves to accept our humanness and that we are having a human experience.

We are interested in loving fully and completely, not just the people in our lives, but also our own experience, our own selves.

We are emanations of God.

We are part of God.

So when we are loving ourselves, we are loving God.





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We are grateful and thankful that, right where we are, we are cultivating the capacity to be honest, to be trustworthy, to keep our commitments with gentleness, and to let go of the commitments that we can't keep.

We don't need to judge ourselves anymore.

We're setting ourselves free from all that.

We're not interested in sabotaging ourselves by holding ourselves to some standard we can't possibly meet.

We are grateful to have love and compassion for our human experience, our human journey.

To be kind and to be generous of heart.

We're having patience for ourselves, and we are grateful to cultivate that capacity.

So grateful to cultivate the characteristics of God's teachers, gently, sweetly, kindly, persistently, patiently.

In gratitude, we share the benefits of our healing and expansion with everyone everywhere because we are fully, now and forever, one with them.

In gratitude, we allow it to unfold with ease, with grace.

We let it be.

And so it is.

Amen.



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Amen.

Amen.

What a sweet prayer.

Thank you for joining me today and adding your sweetness to this sweet prayer.

Thank you for being my prayer partner.

I appreciate you.

And what is going on is I have a free Forgiveness Workshop coming up. It's Friday, I want to say July 24th.

Also, at the end of the month, I believe it's the 26th or 27th, we start the **End My Self-Sabotage** program.

It's a six-week program to really support people in moving out of all the various forms of self-sabotage and into loving ourselves deeply.

Yes, it's beautiful.

All the details for everything are at powerofloveministry.net.

Have a beautiful day.

Have an amazing day being trustworthy.

I love you.



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