



# Prayer for Today

*with Jennifer Hadley*

## Prayer for Telling the Truth

Hello beautiful, this is Jennifer Hadley, and our prayer for today is for telling the truth.

Yes, what's that saying? "Shame the devil and tell the truth." Tell the truth and shame the devil.

Yes, well, that's us today.

So we're grateful to place our hand upon our heart.

Love and gratitude lift us high above the battlefield.

We are choosing to place our attention on how grateful we are to be loving, to be interested in being loving, that we can be loving, that love is what we are.

So we're telling ourselves the truth, and we're telling our brothers and sisters the truth.

We are innocent.

We are perfect.

We are already whole and complete.

We are grateful and thankful to relinquish attachments to false beliefs.





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We're telling the truth.

We're telling the truth about God.

Telling the truth about ourselves is telling the truth about God.

We are already as holy as holy can be.

We are already free, and we are willing to recognize the simple truths of our life and being.

We are telling ourselves the truth.

We're allowing ourselves to become completely honest with ourselves.

We're not hiding from God anymore.

We're living out in the light, in the Truth.

And we are grateful and thankful that choosing to tell the truth, to align with the Truth, allows ourselves to remember the Truth.

It is liberating.

It's deeply healing, not just for ourselves, but for everyone.

We are grateful that we can recall the Truth.

We can remember what the Truth actually is, and then we can live by the light of that Truth in our own mind.

That is what we are choosing today.



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We're telling the truth about our precious soul, our expansive being, our holiness, our innocence, our magnificence.

The wisdom of God is in our mind.

We are consciously sharing the benefits of our healing, our awakening, with everyone everywhere because we are forever one with them.

We're allowing ourselves to know and remember the Truth and to share the benefits with everyone because we're one with them.

We let it be, and so it is.

Amen. Amen.

Amen.

Yes.

Thank you for being my prayer partner today, every day.

So grateful for this prayer fellowship.

I truly am.

Oh my goodness.

All right, what's coming up?

This Saturday is the Deep Dive Workshop for anybody who feels like you are too empathic, that you feel other people's pain.



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**How to Stop Taking On Other People's Pain** - that's what the Deep Dive Workshop is for this month.

This is so important because so many spiritual students don't even realize what they're doing and what it's costing them.

It took me a long time to figure this out, and once I did, it really was a game changer for me.

So I'm excited to share that with you at the Deep Dive Workshop on Saturday.

Then on Sunday begins the Quantum Counseling Training Intensive.

And in case you're wondering, it's not too late to join us.

It's not too late.

We will happily embrace you if you decide to come and join us in Asheville on Sunday.

I'm super excited.

We've got such a great group of people.

It's going to be wonderful to be together.

I hope you'll be joining us.

I think that's good for right now.

I love and appreciate you.

God bless.



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Have an amazing day telling the truth.



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