



Prayer for Today

with Jennifer Hadley

Prayer for Giving Up Worry

Hello, beautiful. This is Jennifer Hadley, and our prayer for today is for giving up worry.

We just don't need to worry anymore.



We're stepping into faith and trust like we never have before, and so there's no need for worry.

We place our hand upon our heart, take that beautiful breath of love and gratitude, and we rise up.

We are grateful. We are thankful to open ourselves to Infinite Wisdom, pure intelligence, love, and light.

So grateful to allow ourselves to rise up.

We are plainly letting go of the habit of the negative use of our imagination, imagining what we don't want, what we don't like, imagining the worst-case scenario.

We're giving all of that up, and we're allowing ourselves to step into faith and trust.

We are grateful and thankful that we call upon the angels, we call upon the Holy Spirit, we call upon all that is holy to walk with us and talk with us and to shine the light of love with us, so that we see forward and in all directions—above us, below us, behind.



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Yes, we are seeing the love and the light of God.

We're placing our trust and faith, and we are being rewarded with peace and joy and love.

We are grateful and thankful that it's possible for us to have extraordinary healing, and that is what we are choosing.

We are sharing the benefits with everyone everywhere because we are one with them.

We're allowing it to unfold with ease and with grace.

We're giving up the habit of worry.

We just don't need it anymore.

And we're so, so grateful to live a life of peace.

We let it be, and so it is.

Amen. Amen.

So good, so good, so good.

Thank you for joining me today.

Thank you for praying with me and being my prayer partner.

If you are going to the retreat with John Mundy and so many other *A Course in Miracles* teachers Labor Day weekend, I hope to see you there.



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And I have two forgiveness workshops coming up, August 29 and then Labor Day itself, Monday the seventh.

So those are both free.

And then in September, we have the start of the **Finding Freedom from Fear Boot Camp**.

My Boot Camp is coming up, and I've been inviting you to check out all the details for everything at powerofloveministry.net.

I love you.

Have a beautiful, just amazingly peaceful day, placing trust in love and giving up the habit of worry.



Read my blog related to this prayer [HERE](#)

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