



Prayer for Today

with Jennifer Hadley

Prayer for Responding with Love

Hello beautiful this is Jennifer Hadley and our prayer for today is for responding with love yes so good. Oh, let's place our hand upon our heart and take a breath of love and gratitude together, lifting ourselves up high with love and gratitude raising our vibration, we have a willingness to see things differently. We have a willingness to move from seeing life is a storm a series of storms to seeing peace instead, we are willing to answer the cry for love with love, we are willing to focus on the good we are willing to give people some patient, some kindness, some generosity of heart. We have a great willingness to extend compassion, we are grateful and thankful that we can choose to extend love and answer the cry for love with love so grateful to move out of the need for retaliation and revenge, and instead to see the opportunity to forgive ourselves and to open our hearts and minds to ourselves and to be able to be that patient kind, loving, helpful, generous presence in our life the way we'd like to be so grateful to give up the attachments we have to reacting and defending and attacking so grateful to shift these patterns and to go back to our default setting perfect love innocence we're sharing the benefits with everyone everywhere because we are forever one with them in gratitude, we allow it to unfold with ease and with Grace, we let it be and so it is amen amen. Amen. Yes, generosity of heart extending love instead of attack. It's beautiful thank you for being my prayer partner. Thank you for praying with me today. I appreciate you and it's coming up is today is finally the deep dive workshop for August which is why am I it's so hard on myself, so we are going to interrupt this





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pattern and break the habit of being hard on ourselves that's what we're looking at today so come and join me if this feels like it resonates with you and then August 2 ninth, I'm doing a free forgiveness workshop in September among other things. I'll be at the retreat with John Mundy, Labor Day weekend and Monday I am going to Monday Labor Day weekend. I'll do another forgiveness workshop and then we're going to have another living, of course a miracle series, and then finding freedom from fear, my spiritual Boot Camp class will begin. Yay love that so many good things. Many good options to undo the patterns of fear and worry yes all right ha ha ha i am grateful to pray with you this day. May you have a truly peaceful harmonious day filled with love I love you



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