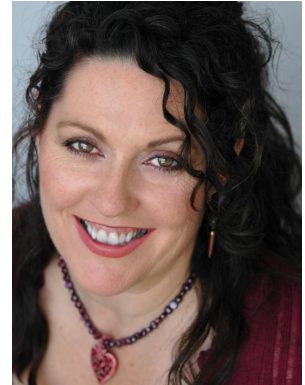




# Prayer for Today

*with Jennifer Hadley*



## Prayer for Letting Go of Beliefs

Hello, beautiful. This is Jennifer Hadley, and our prayer for today is for letting go of beliefs.

Yes, the truth is true, and our beliefs are not. So let's make room for more truth in our awareness and let go of the beliefs.

We place our hand upon our heart, that breath of love and gratitude. Love and gratitude, our most basic spiritual practice. Love and gratitude.

So grateful to consciously attune to the higher voice. We are no longer interested in listening to ego thoughts, so we are letting go of our attachments to our beliefs. We're setting ourselves free. We're saying yes to the truth.

So grateful and thankful to clear the mental clutter that is all of our misguided beliefs.

So grateful to let go of the perceived unworthiness. So grateful to let go of, "I'm bad. I'm not good enough. Something's wrong with me."

We're surrendering all these beliefs and so much. We're letting go of, "I'm better than. I'm less than."

Letting out the beliefs stand in the way of our awareness of the truth that sets us free from those beliefs.



# Prayer for Today

*with Jennifer Hadley*

So we are grateful to come together to spiral up and to recognize the truth is true and ever shall it be so.

So we're valuing the truth and letting go of the false. Grateful for every part of life that is always assisting us in letting go of the false and anchoring into the real, the true, the truth.

We're sharing the benefits with everyone, everywhere, because we are fundamentally and forever one.

In gratitude, we let it be. So it is.

Amen. Amen. Amen.

So grateful. Thank you for praying with me today. Thank you for being my prayer partner. Appreciate you.

And what's coming up?

Forgiveness workshops in October. September deep dive was moved to the first Saturday in October. We've got two deep dive workshops in October.

And what else? Masterful Living registration opens in October. Woo hoo!

And the sooner you register, the more bonuses you get.

People are still joining us in Finding Freedom, so you can sneak right in if you like right now.

And I think that's everything.

I love and appreciate you. Thank you for being my prayer partner today.



# Prayer for Today

*with Jennifer Hadley*

Have an amazing and beautiful, blessed day, letting go of those beliefs.



Read my blog related to this prayer **HERE**

Like us on Facebook!

(<https://www.facebook.com/YourPrayerforToday/>)

Subscribe now to the Prayer for Today podcast!

iTunes:

<https://podcasts.apple.com/us/podcast/prayer-for-today-with-jennifer-hadley/id1127411975>

Spotify:

<https://open.spotify.com/show/35xcz4F0AQYjDohauxpVn6?si=bd0e2a9ec7224791>