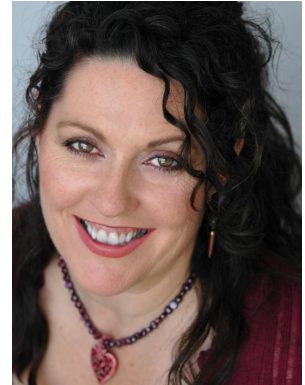




Prayer for Today

with Jennifer Hadley



Prayer for Releasing the Barriers to Love

Hello, beautiful. This is Jennifer Hadley, and our prayer for today is for releasing the barriers to love. We're letting them go. We're letting them dissolve and resolve permanently back to whatever the root cause is.

That breath of love and gratitude. We place our hand upon our heart, and we are grateful. We are thankful that we can release the barriers to love, that we are no longer interested in the barriers to love. We're letting them go.

We're grateful that we do not have to struggle to let them go. We do not have to work to let them go. We simply have to be willing to let them go, truly willing, and we are.

So, in this very moment, we are offering up, relinquishing the barriers to love, and we are truly allowing ourselves to be set free from living a life that is limited.

We are grateful to step into the unlimited, the unprecedented, knowing and remembering that we are fully and completely loved, that the love of God is what we are. We are awake and alive to it, in this very instant, allowing ourselves to let go of self-judgment, letting go of condemnation that we might have towards ourselves or anyone else.

We're letting go of anything that we feel guilty or ashamed about.



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So grateful to surrender any sense that we're lacking, that we're unworthy or undeserving of God's infinite love.

We're releasing the barriers to love, known and unknown, felt and not felt. Whatever they are in our consciousness, we're surrendering them right here, right now.

And so grateful to allow them to dissolve and resolve permanently back to the root cause.

We are grateful to share the benefits with everyone, everywhere, because we are forever one with them.

In gratitude, we allow it to be, and so it is.

Amen. Amen. Amen.

What a blessing. Thank you for praying with me today. Thank you for being my prayer partner.

And what is coming up? What is coming up?

Yes, a week from today, my deep dive workshop. It's the September workshop delayed because right now I'm in Houston at a gathering of women across the United States.

Next Saturday, How to Love Freely is my deep dive workshop, that Saturday, October 3rd.

And my latest podcast episode is entitled "Make No Decisions by Yourself," looking at the rules for decision once again. Yes, inspired by folks in Masterful Living. Donna, thank you.

And I love you. Have a powerful healing day, releasing the barriers to love.



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