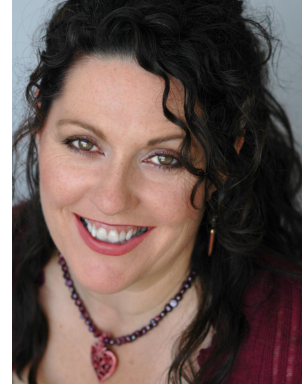




Prayer for Today

with Jennifer Hadley



Prayer for Setting Ourselves Free

Hello, beautiful. This is Jennifer Hadley, and our prayer for today is for setting ourselves free.

Yes, we are choosing freedom. We are finding freedom. We are allowing freedom in our heart, in our mind. We're giving up feeling like a prisoner in our own mind.

Yes, we are grateful and thankful to choose freedom, grateful and thankful to give ourselves the gift of freedom, this gift of peace and harmony and clarity that is pure freedom.

We are grateful to liberate from our self-judgment, self-condemnation, self-attack.

We are grateful to liberate from worry, fear, and doubt.

We do not need to be punished for our sins because we are not sinners.

We are grateful to set ourselves free from the idea that we deserve to be punished, that we're guilty, that we're shameful.

We're setting ourselves free of these condemnations, the self-judgments that are not necessary.

Grateful and thankful to recognize that we can liberate from all of that negativity. We truly can, and that is what we are choosing.



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We have the right to choose our liberation. We have the right to set ourselves free, and that is what we are anchoring this day. That is what we are fully putting forth this day.

So grateful to surrender any attachments to thinking we deserve to be punished because we're sinners. We are not.

We share the benefits with everyone, everywhere, because we are forever one with them, and we allow it to be.

We let it be. We let it unfold in gratitude. We know it's done, and so it is.

Amen. Amen. Amen. Amen.

Beautiful. So beautiful.

Thank you for being my prayer partner today. Thank you for choosing freedom. So good.

Okey-dokey, what is going on?

Yay, today's the day! We're starting the *Living A Course in Miracles* series, eight free classes beginning today.

And those classes are with some wonderful *A Course in Miracles* teachers: Alan Cohen, Maria Felipe, Neta Boyne, Keith Cavanagh. It's gonna be a rich, rich series, and I'm so glad you're joining us. At least, I hope you are.

And then next weekend, free forgiveness workshop on the 19th.

And then on the 21st, my Finding Freedom from Fear Spiritual Boot Camp class begins.



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Yes, it's a great month for us to dig in, dive in, and truly shift our consciousness. And that's what's going on.

I love you. Have a powerful day, a truly healing day, choosing freedom, choosing liberation.

We're setting ourselves free.



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