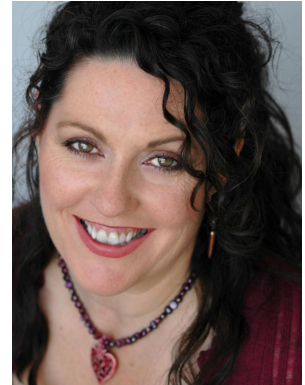




Prayer for Today

with Jennifer Hadley



Prayer for Forgiving Ourselves

Hello, beautiful. This is Jennifer Hadley, and our prayer for today is for forgiving ourselves. Let's do it!

We place our hand upon our heart, and we are grateful, grateful and thankful to tune into our loving heart and let the love flow to ourselves.

We are grateful to surrender any judgment or attack thought that we have about ourselves, any from the past that we haven't relinquished. We're surrendering it all right here, right now.

We are grateful to forgive ourselves for all the self-judgment, all the self-complaint, all the self-attack.

We're forgiving ourselves for putting our gifts and talents on the back burner and thinking that we are unworthy or unlovable.

We are grateful and thankful to call for a miraculous healing. We are grateful to allow ourselves to be forgiven by our own self.

We are grateful to surrender the need to hold on to judgments and complaints directed against ourselves.

We are grateful to surrender the need to hold ourselves back, to live in lack.

We are grateful and thankful to give up any idea that we are limited.



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We are grateful to allow our magnificence, our wholeness, our perfection, our beauty, our wisdom, and prosperity to shine forth.

We are truly sharing the benefits of our self-forgiveness with everyone, everywhere, because we are forever one with them.

In gratitude, we lay the burden down. We let it be, and so it is.

Amen. Amen. Amen.

Yes, indeed! Well, I am in a self-forgiving mood because I'm thinking about the workshop on Sunday, November 1st, at 12 o'clock, the day we turn the clocks here in the United States.

And so, yeah, we have to be tricky on the time so everybody shows. Well, we don't have to be tricky. It is tricky sometimes to coordinate people from around the world when the clocks are changing, but I'm bold enough to do it!

And we're doing a beautiful forgiveness workshop on Sunday, and this one has a theme. It's called "Stop Missing Your Miracles."

So come join me on Sunday, and we'll do some deep inner work together.

And then there's a whole lot more to come. Masterful Living registration is open for next year, and the sooner you register, the more bonuses you'll get. So that's a wonderful thing.

And I love you. Have a powerful, transcendent day, forgiving yourself.



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