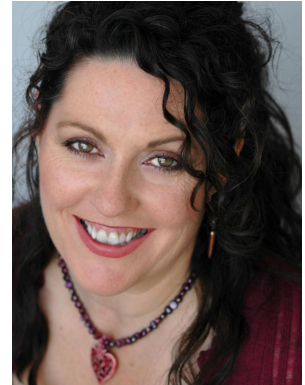




Prayer for Today

with Jennifer Hadley



Prayer for Letting Go of Self-Judgment

Hello, beautiful. This is Jennifer Hadley, and our prayer for today is for letting go of self-judgment.

Yes, we are opening our mind to clarity, to inspiration, so we have to let go of the judgment because it blocks the flow of wisdom and love.

So we place our hand upon our heart, and we are grateful to rise up above the battlefield, taking that breath of love and gratitude.

We are grateful to lay down the weapons of attack, whether we're attacking someone else or ourselves. The judgments are not helpful. We're not interested in living in a battle, on a battlefield, in a minefield.

We are interested in living in a place of peace and harmony, beauty and wholeness. We are claiming our freedom, and it is the freedom from negativity, from judgment, from complaints, from lack, attack, limitation, and separation.

So we are truly on a pathway of rising up, a pathway of letting go of the past, a pathway of remembering our true identity and accessing our divinity, living a life of profound love because



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we are being guided from within, guided to the highest and best, guided to the most loving choices, guided to the clarity, to the inspiration.

And we are able to trust that that is what is happening with us.

We are so, so grateful to give away all the doubt, the worry, the fear, and the dysfunction. So grateful to claim a healing in our heart, in our mind. So grateful to share that healing with everyone, everywhere, because we are forever one.

In gratitude, we allow it to unfold with ease, with grace. We let it be, and so it is.

Amen. Amen.

Oh, man, discarding the self-judgment because it's no longer needed. Yes, we have better methods! Ha ha!

So grateful. Thank you for praying with me today. Thank you for being my prayer partner.

Yes. Okay, what is coming up?

Masterful Living registration will be opening soon, and the deep dive for October is on Saturday, and the topic is trusting and following our guidance. I love it! Such a powerful and helpful topic.

Thank you, God!

Right, that's what's coming up, and I love you.

Have a powerful day, loving yourself free of all the judgment.



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