Prayer for Today
with Jennifer Hadley



Prayer for Cultivating A Peaceful Mind

Hello, beautiful. This is Jennifer Hadley, and our prayer for today is for cultivating a peaceful mind, having a peaceful mind, living in and with a peaceful mind.

So we place our hand upon our heart, and we are grateful. We are thankful to allow ourselves to truly live in a peaceful state.

We are grateful to allow ourselves to relinquish anything that could disturb us. We're cultivating that peaceful mind.

So grateful, so thankful for all the support from the universe to assist us in recognizing every time that we ever have a feeling of upset, we just don't know what anything is for, so we can drop it like it's hot. And we are willing to let the past go.

We're willing to stop looking at life now through the lens of the past. We are willing to give up the habits and the attitudes that keep us spinning around in upset, grievances, grudges, complaints, feeling deprived, feeling despair.

We're grateful to open up our mind to an awareness that we are blessed. We are truly, truly blessed, and that our life is a life of love, and we are grateful to live it.



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So grateful to anchor ourselves into infinite wisdom, true intelligence, the beauty of God. So grateful to be lifted up, lifted and shifted.

We're simply no longer interested in carrying the burdens of distress and upset. We are choosing to cultivate a peaceful mind and to live in a peaceful state of awareness.

All the heavy lifting we give to the Holy Spirit. We don't have to figure out how. Our job is simply to allow.

We are willing, so all is well.

We share the benefits with everyone, everywhere, because we're one with them. We let it be, and so it is.

Amen. Amen. Amen.

So good! Thank you, thank you for praying with me today. Yay! Cultivating a peaceful mind. Yes, so valuable. What could be more valuable?

So, all right, what is going on? Today, forgiveness workshop. Sunday, family forgiveness workshop. You can bring any issue you like to any of those workshops, for free. Bring a friend, bring your issues, and we'll work on them together.

And so those are the main things that are coming. Yep, and Masterful Living registration is open for next year. The sooner you register, the more bonuses you get. Plus, then you've got that locked in. You know, okay, I got this. I got next year. That's a year of expansion, right?

I love you. Have an amazing day cultivating a peaceful mind.

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