Prayer for Today
with Jennifer Hadley



Prayer for Focusing on What Matters

Hello, beautiful. This is Jennifer Hadley, and our prayer for today is for focusing on what matters. That feels like relief to me. Let's put our attention on what matters.

And what matters is living a life of love. What matters is working at the level of the mind to relinquish all illusions and delusions and all the negativity they produce.

So let's place our hand upon our heart, take that sweet breath of gratitude together, and rise up.

We are grateful and thankful that it is our nature and our destiny to live a fulfilling life, a life of love, a life of complete peace.

Grateful and thankful that it is our nature and our destiny to be in tune with the infinite, to feel love and know that we are the beloved of the Beloved.

We are willing to leverage our spiritual practice and to open our hearts and minds to the truth that does literally set us free and liberates us from lack, attack, separation, limitation in all its forms and expressions.

We are grateful to stabilize mentally, emotionally, physically, financially, and in our relationships.

We are grateful to open ourselves to welcome new insight and changes that bring more peace, more love, more joy.



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So grateful for this holy instant. So grateful for the opportunity to connect and remember the truth.

We share the benefits with everyone, everywhere, because we are forever one.

We let it be, and so it is.

Amen. Amen. Amen.

Yes! Sweet, simple. Yes! Sing on what actually matters. I love that we can even think of doing that. I love that we can be supported and guided all day, every day, in focusing on what matters. Oh, so good!

All right, what is going on? Tomorrow, Saturday, November 14th, is my deep dive workshop, and the topic this month is "When Someone You Love No Longer Speaks to You." That's a big challenge, and we've got a big lot of love for the healing. We do, we do!

So that workshop is tomorrow, Saturday, November 14th. Also, Sunday, I am doing another free family forgiveness workshop. All are welcome to attend.

And then, let's see, Masterful Living registration is open for next year, and if you register now, before the workshop on Saturday, the workshop on Saturday is free, and there are quite a few other bonuses. The earlier you register, the more bonuses you get.

So act now, and you can get all the bonuses coming up in November and December and January, live classes with me, and then in January we start Masterful Living.

Yay! It's all so good. It's so very, very good.

I hope to see you soon. I love you. Have a truly peaceful, harmonious day, focusing on what matters.



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