Prayer for Today
with Jennifer Hadley



Prayer for Letting Go of Anger

Hello, beautiful. This is Jennifer Hadley, and our prayer for today is for letting go of anger. Let's release it all. Let it go forever.

Yes, we place our hand upon our heart, we take that deep breath of gratitude, and we open ourselves to the infinite love, to pure intelligence that is our very nature.

We are grateful and thankful to relinquish whatever it is that is the root cause of any anger we've ever experienced.

We are calling for a profound clearing and healing. We are accepting this profound clearing and healing right now.

We are worthy of miracles. We are entitled to miracles, so we are accepting miracles into our awareness, into our consciousness. We're having miraculous shifts and recognizing that we simply aren't interested in carrying these burdens and the root causes of this anger anymore.

We're letting go of the confusion. We are grateful to admit that we don't truly, honestly know what anything is for, and so we're giving up the habit of making meaning of everything and making ourselves miserable.

We're simply not interested in repeating these patterns of pain anymore. We are interested in setting ourselves free. We are interested in living joyfully. We are choosing a joyful life.

We are choosing a healed mind, a healed heart. We are choosing healed relationships. We are choosing to let go of the anger.

We are grateful to share the benefits of our letting go of the anger with everyone, everywhere, because we are forever one with them.

We allow this healing to fully be made manifest. We let it be, and so it is.

Amen. Amen. Amen.

So true. So good! Thank you, thank you for praying with me today.

Okay, what's coming up? So many good things. I'm excited!

So I have two forgiveness workshops this weekend. I'm doing my best to really support us all as the holidays are coming towards us. And so, a regular forgiveness workshop on Saturday, then on Sunday, we're gonna do a family forgiveness focus.

And then the next weekend, we have the deep dive workshop, and the one for November is "When Someone You Love Won't Speak to You Anymore." How do you work with that when someone you love won't speak to you anymore? And I know a lot about this topic. Very happy to share on it.

And then the next weekend, the 22nd, Father, Brother, Son. This is a five-part class that is similar to my Mother, Daughter, Sister class, and it's about healing these deep family wounds and really bringing them to the light. So much healing is available for us, and when we focus on it, miracles happen.

So, Father, Brother, Son. If you're not a father, brother, or a son, then it may not be for you, but maybe you know a man in your life that could really use a class like that.

So that is coming up, and that's all I can think of.

Oh, Masterful Living! Masterful Living registration is open right now, and if you register now, you'll get all the bonuses, including the deep dive on what to do when someone you love no longer talks with you, and many other bonuses. The sooner you register, the more bonuses you get.

I love you. Have a powerful, really peaceful day, letting go of the anger.



Read my blog related to this prayer **HERE**

Like us on Facebook!
(https://www.facebook.com/YourPrayerforToday/)

Subscribe now to the Prayer for Today podcast!

iTunes:
https://podcasts.apple.com/us/podcast/prayer-for-today-with-jennifer-hadley/id1127411975

Spotify:
https://open.spotify.com/show/35xcz4F0AQYjDohauxpVn6?si=bd0e2a9ec7224791